

MEDICATIONS USED IN PREGNANCY AND BREASTFEEDING

Nausea/Vomiting

Benadryl
Dramamine
Vitamin B6 50mg (up to 4 times a day)

Indigestion/Gas

Maalox
Mylanta/Mylanta Gas
Mylicon
Gas-X
Rolaids
Tums
Prevacid 15-30mg
Pepcid (over the counter)

Cold/Flu/Sinus/Allergies

Tylenol (any Tylenol product)
Sudafed
Benadryl
Actifed
Robitussin D.M.
Claritin (not during breastfeeding)
Normal Saline (Nasal Spray)

Sore Throat

Sucrets
Chloraseptic spray/Lozenges

Headaches/Pain Reliever/Fever Reducer

Tylenol (any Tylenol product)

Hemorrhoids

Preparation H
Tucks Pads

Constipation

Milk of Magnesia
Metamucil
Colace

Diarrhea

Immodium A.D.
Kaopectate